

# Eva Blum, CCST— Massage Intake Form

Date: \_\_\_\_\_

\_\_\_\_\_  
Name

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Address

\_\_\_\_\_  
Occupation

\_\_\_\_\_  
City, Province Postal Code

\_\_\_\_\_  
Telephone

\_\_\_\_\_  
Emergency Contact Name

\_\_\_\_\_  
Emergency Phone #

Are you currently under the care of a health professional? Yes \_\_\_\_ No \_\_\_\_.

\_\_\_\_\_  
Name of Professional

\_\_\_\_\_  
Specialty / Area of Practice

\_\_\_\_\_  
Phone

What are your treatment goals for today's session? (i.e., relaxation, get rid of pain in the left shoulder, etc.)?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List names of any medications you are taking:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Accidents, Injuries, or Surgeries. Provide dates, descriptions and treatments:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are you currently experiencing any of the following? Check any of the below that apply:

Pregnancy

Inflammation

Flu / Cold / Fever

Infection

Contagious Disease

Headache

What are your daily/weekly physical activities?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Complete second side of intake form. →

Do you have or have you had any of the following?

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> AIDS/HIV                   | <input type="checkbox"/> Epilepsy                  | <input type="checkbox"/> Skin Allergies           |
| <input type="checkbox"/> Anemia                     | <input type="checkbox"/> Fibromyalgia              | <input type="checkbox"/> Spinal Injury            |
| <input type="checkbox"/> Arthritis/Gout             | <input type="checkbox"/> Headaches/Migraines       | <input type="checkbox"/> Stroke                   |
| <input type="checkbox"/> Broken Bones               | <input type="checkbox"/> Heart Attack              | <input type="checkbox"/> Tendonitis               |
| <input type="checkbox"/> Bursitis / Joint Disorders | <input type="checkbox"/> Hepatitis                 | <input type="checkbox"/> Thoracic Outlet Syndrome |
| <input type="checkbox"/> Cancer                     | <input type="checkbox"/> High/Low Blood Pressure   | <input type="checkbox"/> TMJ / TMD                |
| <input type="checkbox"/> Chronic Illness / Pain     | <input type="checkbox"/> Insomnia                  | <input type="checkbox"/> Tuberculosis             |
| <input type="checkbox"/> Diabetes                   | <input type="checkbox"/> Multiple Sclerosis        | <input type="checkbox"/> Tumors                   |
| <input type="checkbox"/> Digestive Problems         | <input type="checkbox"/> Numbness / Tingling       | <input type="checkbox"/> Varicose Veins           |
| <input type="checkbox"/> Disc Problems              | <input type="checkbox"/> Respiratory/Lung Problems | <input type="checkbox"/> Whiplash                 |
| <input type="checkbox"/> Diverticulitis             | <input type="checkbox"/> Sciatica                  | <input type="checkbox"/> Other                    |

Please explain any item checked above:

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**Please read and sign below to indicate agreement:**

1. The information on both sides of this Massage Intake Form is complete and accurate to the best of my knowledge.
2. I have listed all known medical conditions and physical limitations and will inform the massage therapist of any future changes in my information.
3. I understand that a massage therapist does not diagnose medical conditions or injuries and I authorize the massage therapist to obtain information from my primary health care providers.
4. I am responsible for payment at time of treatment unless other arrangements are made.
5. I agree to pay for any appointment time missed or cancelled **with less than 24 hours' notice**. If I arrive late, the massage therapist and I will make efficient use of the time remaining.
6. I am a partner in my treatment. I will give feedback on the treatment and alert the massage therapist to areas requiring special attention.

Client Signature

Date